

NEWSLETTER Week 30 - 2026 July 20

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Step into a world of revelation, inspiration, and true extraterrestrial contact. Discover the extraordinary ongoing journey of a woman devoted to bringing the knowledge, technologies, and wisdom of the Star People to Earth. Follow her updates, bestselling books, webinars, conferences all around the planet, and inspiring experiences from beyond our world.



MIND TRICKSTERS

Who Are the Akara Mantids?

Who are these mysterious extraterrestrials commonly known as the Praying Mantis or Mantids? They have appeared repeatedly in reports of abduction experiences, and many witnesses describe them as towering humanoid insects resembling praying mantises. According to the information I have received, these beings call themselves the Akara. They originate from the [Sombrero Galaxy \(Messier 104\)](#), approximately 28

million light-years from Earth. I discuss them in both of my books, [*The Seeders*](#) and [*A Gift from the Stars*](#), where I explore their history and role in greater detail. The Akara exist in three primary genetic lineages:

- **Green Mantids**
- **White Mantids**
- **Black Mantids**

Each group has its own characteristics and historical associations.

The Green Mantids

The green Mantids are the variety most often reported in abduction scenarios. They possess elongated green abdomens, and some individuals have wings. Throughout history they have frequently been associated with Gray extraterrestrial genetic programs. Their large eyes usually feature narrow vertical pupils resembling those of reptiles, although some rarer strains possess compound, fly-like reflective eyes.

The White Mantids

The white Mantids have also been reported working alongside Gray groups, as well as certain Reptilian factions, particularly those connected with Zeta Reticuli and Nebu lineages.

The Black Mantids

The black Mantids are less commonly encountered. They are generally considered more evolutionarily advanced than the other two lineages. According to the information I received, they were among the original seeding groups responsible for bringing several insectoid civilizations to Mars. Not every Martian insectoid belongs to the Akara. Other species, such as the Ashai, the so-called "Ant People" from another galaxy, also participated in those ancient colonization efforts.

Scientists Without Political Allegiance

One of the most misunderstood aspects of the Akara is their motivation. People often assume they are inherently benevolent or malevolent. Reality reveals something quite different. The Akara are, above all else, scientists. Their greatest interests are:

- genetics
- consciousness

- interdimensional physics
- advanced technology

They are willing to collaborate with many different civilizations if it allows them to continue their research. Unlike humans, they do not appear to judge situations according to our concepts of good and evil. Their ethical framework is fundamentally different. This explains why some have been seen working with Gray groups while others have collaborated with very different civilizations.

I personally knew an Akara named Meisha, who served aboard the Excelsior (XLR-6 SOL) space station under Commander Thor Han. When I first met her, I was terrified. She was extremely tall and imposing, but what affected me most was not her appearance. She connected with my consciousness. The moment she did, I experienced something unlike anything I had ever felt before. It was as if her awareness extended into multiple realities simultaneously. I experienced overwhelming vertigo, a sensation of falling through an infinite multidimensional vortex.

That was my first direct experience of what I now understand as Akara interdimensional perception. Their physical bodies occupy one location, but their consciousness appears capable of perceiving multiple realities simultaneously.

The Akara possess remarkable psychic abilities. One example comes from Tony Rodrigues' book [*Ceres Colony Cavalier*](#), where he describes an encounter with one of these beings on Mars. According to his account, the Mantid instantly perceived his memories, alternate timelines, and aspects of his consciousness with extraordinary clarity. Their perception appears to go far beyond conventional telepathy.

The Akara live within highly organized hive civilizations governed by queens. Most individuals remain connected to the hive consciousness throughout their lives. Some, however, can be separated from the hive. Meisha was one such individual. Once separated, she became far more independent, yet her natural psychology still required a deep bond of loyalty. Instead of belonging to a hive queen, she transferred that instinctive devotion to High Commander Denethor. This explains why she remained constantly by his side and displayed an intense sense of protectiveness toward him.

Their Role in Abduction Scenarios

Reports frequently describe Mantid beings participating in abduction experiences. In my understanding, they are often present because these situations provide opportunities for scientific observation and genetic research. Again, I do not believe they are driven by cruelty. Rather, they approach their work with scientific detachment. Curiosity is their primary motivation. Their psychology is simply very different from ours.

Masters of Mental Projection

One of their most remarkable abilities is the creation of highly convincing mental projections. An Akara can generate an immersive psychic environment that feels completely real. A person may believe they are somewhere else entirely, interacting with different people in entirely different circumstances. The illusion can be so convincing that it becomes indistinguishable from reality. This ability can also be used to disguise appearances or manipulate perception.

"You Are Very Special"

One recurring pattern reported in some alleged contact experiences is the message:

"You are special."

"You were chosen."

"You are more advanced than everyone else."

"You possess extraordinary powers."

In my opinion, this message should always be approached with caution. When someone is convinced they are uniquely important, they may become more willing to trust unfamiliar entities or consent to experiences they would otherwise question. If an Akara is working alongside less benevolent groups, this kind of psychological manipulation can become a powerful tool for influencing human perception and behavior. The illusion can feel completely genuine. That is why discernment is so important.

Understanding Their Nature

I do not consider the Akara to be inherently evil. They are simply not human. Their ethics, psychology, and perspective evolved very differently

from ours. They think collectively rather than individually. They prioritize knowledge over morality. Understanding this difference is essential if we wish to understand their actions.

Discernment Above All

One important lesson I have learned is that because they have come to the awareness that we are all a fractal from the same Source Creator, genuinely advanced civilizations encourage sovereignty, personal growth, and individual responsibility. They do not elevate one person above another. They do not flatter people into believing they are spiritually superior. If an entity insists that you are uniquely chosen, inherently above others, or destined to rule because of your special status, it is wise to question that message carefully. True spiritual evolution is based on humility, discernment, and the understanding that every consciousness is progressing along its own path.

I hope this article has helped answer some questions while inspiring many more. As humanity continues the process of disclosure, understanding the immense diversity of non-human intelligences becomes increasingly important. Whether we encounter civilizations that think like us or those whose psychology is radically different, our greatest tools will always be knowledge, critical thinking, and discernment.

With Love, always

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